



CHW Students



Meeting #15 [9/12/23]

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In Progress...

This session will be available to view in the Student Resource Center





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Agenda

- 1) Introductions
- 2) Attendance
- 3) Guidelines
- 4) Time Management and Organization
- 5) Organizational Skills – Data Collection
- 6) Time Management and Organization Homework Pt. Two
- 7) CHW Responsibilities in Practice
- 8) Office Hours



Attendance & Meeting Guidelines



Time Management and Organization



Questions

Time Management and Organization

What is your own definition of time management and why it is an important tool as a CHW?



Time Management and Organization

**What is the difference between
urgency and importance.**



Time Management and Organization

What are the most common challenges to exercising effective time management?



Organizational Skills (Part 2)



Data Collection

Data Collection

The purpose of this module is to give CHWs more practical guidance on how to properly conduct reports during motivational interviews




Purpose

Data Collection

Conducting reports is crucial in motivational interviews. Earlier modules emphasized prioritizing tasks and staying organized. This report form will help you understand organization as a CHW and assist in conducting interviews. Remember, it doesn't cover all patient-specific questions, so use it as a guide.



Data Collection

 **International Pre-Diabetes Center Inc.**
Diabetes Self-Management & Prevention Education

Patient Name: _____ DOB: _____
Date of Visit: ___/___/___ Time of Visit: _____ minutes/hours

Type of Visit:

Individual self-visit Group visit and education Interpreter assisted MI
 Individual provider referral Group visit w/provider Telephone MI

CHW Motivational Interview & Education
Summarize the content of the meeting you had with the patient below:

Interventions:

General chronic illness Information Healthy eating Information
 Goal setting Insurance Enrollment Information Exercise strategies
 Community-based resource pairing Social Counselling and Support
 Medication Education and Strategies Service & FQHC Navigation
 SDOH/Unmet Needs Screening Review of self-management goals

Referrals (check all that apply):

Blood work lab Mental health services Physician guided education
 Medical attention (Dental/Podiatry/Surgical, etc.) type _____
 Dietician or Nutritionist Physical Therapy Insurance Agent
 Other: _____

What stage of change was the patient in during the motivational interview in managing their health concerns? Think about the questions you asked and determine which of these responses align with that of the patient during the interview:

I am not interested in changing X behavior (Pre-contemplative)

Patient ID#: _____ Referring Physician: _____ CHW: _____



Patient Reports CHW Program

Time Management and Organization Homework Pt. Two



HW Instructions

Homework Instructions

Patient C comes to you through a referral by **Doctor F** for education on how they can manage their kidney disease. You have learned in a preliminary interview with **Patient C** that they are currently without a home which has worsened their illness. Although **Patient C** has received care from **Doctor F** in the past, you also find out that **Patient C** is uninsured and unable to receive further care without insurance. Without proper medical care, **Patient C's** condition will only worsen and become a detriment to their health.

Homework Instructions

Instructions: Using your understanding of the prioritization matrix you learned in earlier modules, discuss which of the following steps is the most important and most urgent. The steps that have been provided are not necessarily all the steps you would take to help this patient, however, your job is to uncover which of the following steps needs to be prioritized and why. Explain your reason beside each step listed. Remember that while there are certain steps that are important and urgent to undertake, you can only determine this by looking at what the best interests of the patient are.

Homework Instructions

- 1) Educating Patient C on how to manage kidney disease, using healthy eating practices, smoking cessation information, and information on checking blood pressure levels.
- 2) Scheduling an appointment with Doctor F
- 3) Researching insurance plans and enrolling Patient C in Medicaid

CHW Responsibilities in Practice

- 1) Understanding Adult Learning Theory
- 2) Organizational Skills
- 3) **Education and Facilitation Skills**
- 4) Advocacy Skills
- 5) Outreach
- 6) Screening for Unmet Needs
- 7) Individual and Community Assessment
- 8) Knowledge Base



Education and Facilitation Skills

Blackboard®

[Education and Facilitation Skills
Part Two]

9/13/23 – 9/19/23

- Mapping Community-Based Services
- Insurance Enrollment Overview
- Ensuring Patient Safety
- Avoiding Burnout: Strategies for Self-Care
- Insurance and Community-Based Services Toolkit
- Implicit Bias Homework
- Education and Facilitation Skills Assessment





OFFICE HOURS